



Year 1 – Term 1

Pulse and rhythm

Musical style: Pop music

Listen to and perform pop songs about friendship



Pop music usually has a strong pulse which means it is easy to dance 'in time' with the music. It often has a simple melody that is easy to sing along to.

Vocabulary for this unit

In time	Clapping, dancing, singing or marching at the same speed as the music
Pulse	The heartbeat of the music. Sometimes called the 'beat'.
Rhythm	A pattern of long and short sounds
Untuned percussion	Instruments that cannot play different notes
Body Percussion	Using your body to make a rhythm

I should already know

- Exploring using voices to make a variety of sounds, with relevant symbols
- Exploring using body parts to make a variety of sounds
- Exploring instruments to make a variety of sounds
- Exploring sounds within the environment
- Listening to sounds in nature and recreating them.
- Follow a beat using an untuned instrument and play their instrument together to match the beat
- Experimenting with playing tuned and untuned instruments, children then play along and sing in time to familiar songs, changing the tempo or dynamic each time

By the end of the unit I will know

- ✓ Clap the rhythm of their name.
- ✓ Clap in time to music.
- ✓ Sing the overall shape of a melody.
- ✓ Play in time to music.
- ✓ Copy and create rhythms based on word patterns.
- ✓ Play on the pulse.

Instruments



Maracas

Drums



Claves



Woodblock

Tambourine



Bells

Untuned instruments

Foot tapping



Body percussion



Clapping

Finger clicking

