



# Year 2 – Food

## Design and make a picnic item

### 3 things that I should already know:

1. To describe the taste, smell and texture of food
2. How to peel, mix, spread, chop and grate
3. That food comes from plants and animals

### 3 things that I will learn:

1. About the 5 different food groups
2. To select the right tools
3. To be independent when peeling, chopping, spreading, mixing and grating

### Think:

Which ingredients did you use in your picnic item? Where do the ingredients come from?



### Ideas:

- Apple doughnuts
- Pasta salad
- Toasted pitta pockets
- Mini milkshakes
- Couscous salad
- Frozen banana lollies

### Vocabulary:

<b>Varied diet</b>	To eat a range of different foods
<b>Grown</b>	A food that grows on a plant
<b>Reared</b>	An animal that is looked after and used for food
<b>Caught</b>	An animal that is taken from the sea and used for food
<b>Ingredients</b>	A list of foods needed to make something
<b>Picnic</b>	A meal eaten outside

