

At Heene CE Primary School, our Personal Development curriculum is driven by our Christian vision: “Together in faith we love, grow and learn.” This vision shapes the whole character of our school and underpins the way we nurture every child to become compassionate, responsible and confident individuals who flourish academically, socially, emotionally and spiritually.

Our intent is to provide a rich, ambitious and inclusive Personal Development offer that ensures every child:

1. Develops as a compassionate, respectful and responsible citizen

We teach and model the Christian values of love, respect, hope, forgiveness and courage, helping children understand how these translate into daily choices, relationships and actions. We want pupils to develop empathy, kindness, and a strong sense of justice, showing care for others and the world around them.

2. Builds character and resilience rooted in faith and self-belief

Through a carefully planned curriculum and enrichment programme, pupils learn to persevere, take responsibility, overcome challenges and reflect deeply on their behaviour. We cultivate resilience, courage and self-control, enabling children to become confident, self-aware learners who can contribute positively to our community.

3. Understands themselves and develops positive mental health and wellbeing

We explicitly teach emotional literacy, self-regulation and wellbeing through PSHE/RSE, My Happy Mind, Picture News, and our nurture-informed approach. Children learn how to keep themselves physically and emotionally safe, make healthy choices, and seek help when needed.

4. Develops inclusive attitudes and appreciation of diversity

Rooted in our role as a Church of England school, we promote the belief that every child is valued, loved and worthy. Our curriculum enables pupils to understand and celebrate differences, challenge discrimination, and respect all people regardless of background, faith, or identity. British Values are woven throughout to ensure pupils are prepared for life in modern Britain.

5. Learns how to stay safe in an ever-changing world

We provide sequenced teaching about safeguarding, online safety, healthy relationships, consent, boundaries and risk. Children become increasingly confident in recognising unsafe situations, understanding their rights, and knowing how to respond or seek help.

6. Has access to meaningful opportunities that broaden horizons and raise aspirations

Our Personal Development offer is enriched through:

- ★ Leadership roles (School Council, Worship leaders, Eco council, Sports Leaders, Play (Opal) Leaders)
- ★ Charity and community projects
- ★ Visits and visitors that open children's eyes to the wider world
- ★ High-quality clubs, arts, sports and enrichment
- ★ Careers and aspirations experiences

We ensure that all children, including disadvantaged and SEND pupils, access and benefit from these opportunities.

7. Grows spiritually and morally through our Christian ethos and collective worship

Collective Worship, RE and our wider curriculum enable children to explore big questions, reflect on their own beliefs and values, develop moral reasoning, and experience a sense of awe, wonder and gratitude. We create daily opportunities for spiritual flourishing for pupils of all faiths and none.

Our Ultimate aim

Through our Personal Development curriculum, we strive to develop:

- ✦ Loving individuals – caring, empathetic and rooted in strong values
- ✦ Growing learners – resilient, reflective and responsible
- ✦ Inspired citizens – ready to contribute positively to their community and the wider world

So that every child at Heene can truly love, grow and learn in faith.

Personal Development Progression Grid (EYFS – Year 6)

Area	EYFS	KS1	LKS2	UKS2
PSHE / RSE	Building friendships Recognising emotions Taking turns and sharing Understanding privacy, safe/unsafe touches Knowing who helps us Early healthy habits (sleep,	Naming feelings Conflict resolution strategies Healthy choices (eating, movement, hygiene) Growing and changing (age-appropriate) Keeping safe in school and in the community	Understanding different types of relationships Managing big emotions Healthy lifestyles & body image awareness Risks and safety in real-life scenarios Basic financial education Puberty (Y4)	Healthy relationships and respect Identity, stereotypes and discrimination Mental health strategies Growing independence & peer influence Risk-taking, substances & personal safety

	food, exercise)			Puberty, reproduction, consent (age-appropriate)
SMSC	<p>Awe/wonder in the world</p> <p>Early moral choices</p> <p>Class community & belonging</p> <p>Celebrating differences</p>	<p>Understanding fairness</p> <p>Showing compassion</p> <p>Celebrating similarities and differences</p> <p>Exploring belonging through worship themes</p>	<p>Exploring moral dilemmas</p> <p>Respecting different viewpoints</p> <p>Growing awareness of world faiths</p> <p>Reflective practices in worship</p>	<p>Exploring moral/ethical issues</p> <p>Understanding global responsibility</p> <p>Debating current issues with respect</p> <p>Appreciating diverse communities</p>
British Values	<p>Rule of law through routines</p> <p>Democracy through class voting (e.g., choosing stories)</p> <p>Mutual respect in play</p> <p>Tolerance through learning about families</p>	<p>Simple majority voting</p> <p>Classroom charters</p> <p>Respectful listening</p> <p>Learning about different cultures and celebrations</p>	<p>Democracy through pupil voice groups</p> <p>Understanding laws and consequences</p> <p>Respect for diversity</p> <p>Freedom of expression linked to debate</p>	<p>Complex democratic processes</p> <p>Rights and responsibilities</p> <p>Evaluating media and bias</p> <p>Understanding UK law & justice</p>
Online Safety	<p>Using devices safely</p> <p>Asking for help if something feels wrong</p> <p>Understanding "trusted adults"</p>	<p>Keeping personal information private</p> <p>Telling adults if worried</p> <p>Being kind online</p>	<p>Digital footprints</p> <p>Recognising persuasion/pressure online</p> <p>Contact and content risks</p>	<p>Safe communication & social media awareness</p> <p>Image-sharing risks</p> <p>Online reputation</p> <p>Critical evaluation</p>

				of information
Character	Kindness Curiosity Taking responsibility for simple tasks	Honesty Resilience (early perseverance) Respect (classroom roles, turn taking)	Responsibility and leadership Collaboration Reflective thinking Developing compassion through social action	Leadership roles Resilience and self-discipline Managing conflict and peer pressure Reflection and responsibility for choices
Careers	Learning about "people who help us" Role-play occupations	Visitors talking about jobs "What I want to be" discussions Skills such as teamwork and problem-solving	Learning about skills (communication, creativity) Careers linked to curriculum (engineers, historians, artists) Project-based future-skills tasks	Encounters with professionals Budgeting, enterprise, teamwork projects Understanding pathways to different jobs Transition preparation for KS3